



Intuitive drawing

authorial sessions **by** channeled method

conscious allowance
of Inner Wisdom to come forward

learning to listen to inner voice of
Individual Soul

learning to feel, trust and follow
inner Stream of Life Force

Kajka MySoulEssence



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What can you experience during
workshop and afterwards?

- being in a present moment
- relaxed and calm body
- empty and clear mind
- peaceful, warm heart
- feeling joyful, creative flow of Life
- receiving "aha"! moments
- releasing old beliefs and mind patterns
- letting go of painful, stuck emotions
- hearing voice of your Soul
- feeling of integration

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Nature as a great
Inspiration & Teacher

- creating from independent Source of Creation. No coppies.
- following inner call
- genuine manifestations
- unique structures, lines, shapes, formats
- free, limitless expressions
- being in the present moment
- creating from inner essence
- authenticity
- joy, beauty, knowingness

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We DO NOT during sessions

- do not pursue goal nor vision or dream
- do not follow external guru or religion
- do not follow possible mind chatter
- do not learn to draw!
- These ARE NOT drawing classes where you want to create special and unique piece for museum!
- do not need ANY "talent" to draw
- do not follow anything you've already learnt about drawing

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About me, Kaja Kochańska

In love with life. Curious. Friendly. Joyful. Mystical.
Passionate about human-soul relationship.

You can meet me in truthful, peaceful and respectful space of
communication.

My way of living is directly reflected in ways I work with
others. During sessions & workshop I create and hold space for
personal transformation and integration.

Hold a Master's degree in Architecture and have completed
many certified instructor courses in yoga, meditation,
breathing, art therapy, including a trainer course (M certificate)
at the International Trainers & Facilitators Federation.

Here you may find out more about me and my work:

<https://linktr.ee/KajaKochanska>

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How to prepare for a meeting?

Just come,
with open mind & curiosity.

When we meet online, create clean, quiet and safe space for yourself. Atmosphere of invitation- for something special in your life. Uplifting & Magical. Make a room for this unique experience, where all of you is welcomed.

Wear loose, comfortable clothes which give you maximum freedom and flexibility.

Prepare glass of fresh water and favorite tea.
Relax and enjoy :)

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Logistics and payments

When we meet online, our session can be recorder if you wish. With an access only for your personal use.

Single, 1:1, session last 2 hours.

€ 60

When you decide to make meetings regular I will come up with special discount for you.

In case of group sessions or joined friends, couples, price will be also adjusted to those specifics.

Thank you!

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